

# Relax!

*Overcome your fears about laser hair removal and achieve the silky smooth skin you want at Epicare Laser Center*

**Are you tired of shaving and waxing but afraid to try laser hair removal?**

**Or you simply don't know enough about it? Here are answers to some frequently asked questions:**

**1. How does the laser treatment work?**

The laser creates a beam of intense light that converts to heat and is absorbed into the hair follicle by the target, the color of the hair, while leaving the surrounding tissue unaffected. The hair to be treated must have color. Blond and white hairs will not be absorbed by the laser. For those hairs, we offer electrolysis treatments.

**2. How do I prepare for a treatment?**

To get optimal results, do not pluck, wax or have electrolysis for several weeks prior to a treatment. Shaving or clipping is fine. When you are ready for a treatment, the area to be treated should be shaved and the skin should be thoroughly cleaned and dried, removing any makeup, cream or oils on its surface.

**3. Does it hurt?**

Some patients may feel some discomfort described as the snapping of a rubber band. This is minimized by a patented cooling device that sprays a cooling burst of cryogen just prior to the laser pulse. Which also helps to protect the upper layer of the skin.

**4. How many treatments will I need?**

It depends on the area to be treated and your skin type. However, most people require 4 to 6 treatments one to three months apart in general.

**5. Are there any side effects?**

Risks are minimal. Some patients experience pigment changes in skin color. If this occurs, the skin will typically return to normal over time. To help prevent pigment changes, we recommend avoiding sun exposure before and after treatment. Sunblock SPF 30 or above should be applied when going outdoors.

**6. Are laser treatments safe?**

Yes, lasers have been used for many years for a variety of medical conditions. Lasers for hair removal are FDA approved and provide a safe and effective means to achieve hair removal. To protect your eyes from the lasers intense light, protective eye glasses must be worn during the procedure.



**Owner Cathy Lucchesi**  
Certified Electrologist & Laser Specialist

*Call Epicare Laser Center for a Free Consultation and Pricing Specials.  
Weekdays, Evenings and Saturday Hours are Available.*

**Epicare**  
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